

## How do I use a WIC check?

- Before you go shopping tear off the checks you will be using.
- Check the dates on your checks. If you get more than one month of checks, be sure to use the right set of checks.
- Make sure you use your checks on or after the **First Date to Use**.
- Make sure you use your checks on or before the **Last Date to Use**.
- Use your WIC Approved Food List to purchase brands and flavors of foods listed on your check.
- Separate WIC foods from other foods you are buying. Place them on the checkout counter in this order:
  1. Fresh fruits and vegetables
  2. Frozen fruits and vegetables
  3. All other WIC foods
- Tell the cashier that you are using a WIC check.
- Show the cashier your WIC ID Folder.
- Sign your checks after the cashier enters the purchase price.
- Never sign a WIC check before the “Pay Exactly” amount and date has been filled in by the cashier.
- The cashier will match your signature with one on your WIC ID Folder.